

Briefly...

Types of Programs Funded through the Office of Adolescent Health Funding Announcement

The Office of Adolescent Health (OAH) recently announced that \$75 million will be made available through a competitive application process to fund Tier 1 evidence-based teen pregnancy prevention programs. The funding announcement (an application kit is available at <http://www.hhs.gov/ophs/oah/prevention/grants/announcements/index.html>) explicitly states that “funding is available on a competitive basis for the purpose of replicating evidence-based programs that have been proven through rigorous evaluation to reduce teenage pregnancy.” More specifically, the funding announcement indicates that 28 programs identified by Mathematica Policy Research, Inc. (MPR) were identified as evidence-based programs that are shown to be effective and are eligible to be replicated through the funding announcement.

This fact sheet, developed by the National Campaign, provides information about the programs that are eligible for the funding including information about the program setting, the age of the population served by the program, and the type of program. More detailed information about each program is available at <http://www.hhs.gov/ophs/oah/prevention/research/programs/index.html>.

There is a wide variety of programs eligible for replication through the OAH funding announcement. This includes several programs that focus on abstinence as a way to prevent teen pregnancy and sexually transmitted infections (STIs), and others that focus on improving contraceptive use among sexually active teens. There are also programs that are specifically for high risk youth in various settings including substance abuse centers and juvenile detention facilities.

Program Focus

Overall, OAH identified two broad program types as eligible for funding curriculum-based programs focused on educating teens about “responsible behavior, relationships, and pregnancy prevention” and youth development programs. Under these two categories, 28 programs have been identified as eligible for replication. Of

these 28, five programs focus on teen pregnancy prevention in the context of a **broad youth development framework**:

- Aban Aya Youth Project
- Adult Identity Mentoring (Project AIM)
- Children’s Aid Society (CAS) – Carrera Program
- Seattle Social Development Project
- Teen Outreach Program

The other 23 programs focus more narrowly on reducing teens’ risk of pregnancy within a sexual health education context.

Program Setting

OAH has indicated that there is a wide range of settings within which the eligible programs might be implemented. This includes clinical, community-based, and school settings, or specialized settings such as a substance use treatment facility or a juvenile detention center. More specifically, five programs were developed specifically for adolescents seeking health services and are appropriate for a **clinical or community based setting**:

- Horizons
- Safer Sex
- SiHLE
- Sisters Saving Sisters
- What Could You Do?

Ten programs have been identified as appropriate for teens in either a **school and/or community-based setting**:

- Be Proud! Be Responsible!
- Be Proud! Be Responsible! Be Protective!
- Becoming a Responsible Teen
- Comprehensive Abstinence and Safer Sex Intervention
- ¡Cuídate!
- It’s Your Game: Keep it Real
- Making a Difference!
- Making Proud Choices!

- Promoting Health Among Teens!
- Teen Outreach Program

Six programs have been identified as appropriate for students in a **school-based setting**:

- Aban Aya Youth Project
- Project AIM
- All4You!
- Draw the Line/Respect the Line
- Reducing the Risk
- Seattle Social Development Project

Seven programs are for students in a **community-based, after school, and/or some other type of setting**:

- Assisting in Rehabilitating Kids
- CAS-Carrera
- FOCUS
- HIV Risk Reduction Among Detained Adolescents
- Project TALC
- Rikers Health Advocacy Program
- Teen Health Project

Special Populations

Many of the programs that are eligible for replication through the OAH funding announcement are focused on youth at high risk of teen pregnancy. This includes one program for **youth in substance use facilities (Assisting in Rehabilitating Kids)**, one program for **pregnant and parenting teens (Be Proud! Be Responsible! Be Protective!)**, and three programs for teens that have had experience with the **juvenile justice system through either alternative school or detention (All4You!, Rikers Health Advocacy Program, and HIV Risk Reduction Among Detained Adolescents)**.

Five programs have been found to effectively change behavior among **Latino teens**. One program, **¡Cuidate!**, was developed specifically for Latino teens. The other four programs were implemented with a diverse group of teens, including Latino teens, and they were found effective with Latino teens:

- CAS-Carrera
- Draw the Line/Respect the Line
- It's Your Game: Keep it Real
- Sisters Saving Sisters

Several other programs on the list are appropriate for teens from various racial/ethnic groups, including Latinos.

Ten programs included in the list were either developed specifically for or were evaluated with a population of **African-American teens**. Five programs were developed specifically for African American teens:

- Aban Aya Youth Project
- Comprehensive Abstinence and Safer Sex Intervention
- Horizons
- Promoting Health Among Teens!
- SiHLE

An additional five programs were evaluated with African American teens and are appropriate for this racial/ethnic group as well as a more diverse population of teens. These include:

- Be Proud! Be Responsible!
- Becoming a Responsible Teen
- Making a Difference!
- Making Proud Choices!
- Sisters Saving Sisters (for African-American and Latina teens)

Age Groups

The vast majority of the programs on the OAH list target teens in either **middle school, high school, or both**. However, one program is specifically for **elementary school students (Seattle Social Development Program)**, and two programs are appropriate for **older teens and young adults** as well (**FOCUS and Horizons**).

Conclusion

The programs that are included on the OAH list of programs eligible for funding for replication are very diverse. This is good news for practitioners and communities as it increases the chance that there is an evidence-based program available that will meet their communities' needs. The National Campaign has compiled a more detailed chart below with information about the eligible programs. There are also detailed descriptions about each program with information about where to find the program and any relevant information about training on the OAH website (<http://www.hhs.gov/ophs/oah/prevention/research/programs/index.html>). Organizations are allowed to submit an application for replication that is not included on the list of 28 programs. However, organizations must carefully review the standards applied to the evidence review and determine if their program will meet the rigorous standards identified and applied by MPR.

The National Campaign also has resources with more information about some of the programs identified as eligible for replication. This information is available in the new Database of Interventions with Evidence of Success, in *What Works 2010*, and in *Emerging Answers 2007*. These materials are available for free on the National Campaign website at <http://www.thenationalcampaign.org/federalfunding/success.aspx>.

Program Title	PROGRAM SETTING							AGE GROUP SERVED			
	Youth Development	Clinic-Based	School-Based	Community-Based	Special Population	Middle School	High School	Other Ages			
Aban Aya Youth Project	x		x		African-American youth	x		starts in 5th grade			
Project AIM	x		x			x					
All4You!			x		youth in alternative school		x				
Assisting in Rehabilitating Kids (ARK)				x	teens in substance use facilities		x				
Be Proud! Be Responsible!			x	x		x	x				
Be Proud! Be Responsible! Be Protective! (Project CHARIM)			x	x	pregnant and parenting teens	x	x				
Becoming a Responsible Teen (BART)			x	x		x	x				
CAS-Carrera	x			x		x	x				
Comprehensive Abstinence and Safer Sex Intervention			x	x	African-American youth	x					
¡Cuidate!			x	x	Latino youth	x	x				
Draw the Line/Respect the Line			x			x					
FOCUS				x	young women in the military		x	age 17 -22			
HIV Risk Reduction Among Detained Adolescents				x	youth in juvenile justice		x				
Horizons		x		x	African-American youth		x	up to age 21			
It's Your Game: Keep it Real			x	x		x					
Making a Difference!			x	x		x					
Making Proud Choices!			x	x		x					
Promoting Health Among Teens!			x	x	African-American youth	x					
Project TALC				x	Parents living with HIV and their adolescent kids	x	x				
Reducing the Risk			x				x				
Rikers Health Advocacy Program (RHAP)				x	youth in correctional facilities		x				
Safer Sex		x		x			x				
Seattle Social Development Project	x		x					elementary school			
SiHLE		x		x	African-American youth		x				
Sisters Saving Sisters		x		x	Latino/African-American youth	x	x				
Teen Health Project				x		x	x				
Teen Outreach Program	x		x	x		x	x				
What Could You Do?		x	x	x			x				